

BOUDIOR PHOTOGRAPHY



Welcome Guide

Freya Bear Photography

Hi, I'm Jenna

I'm a photographer, wife, and mom of two who believes the most powerful moments are the ones that happen naturally. I'm a coffee-loving, book-reading creative who finds beauty in confidence, vulnerability, and real connection.

Boudoir sessions with me are about creating a safe, comfortable space where you can show up exactly as you are. Whether your session feels soft, bold, or somewhere in between, my goal is to create timeless images that celebrate your strength, beauty, and individuality.



About the Session

My favorite part of being a boudoir photographer is helping you see yourself as truly beautiful. While boudoir is often associated with feeling “sexy,” it can be so much more than that. Whether you want to feel bold, soft, confident, or empowered, it’s an experience that reflects *you*.

Every person who steps into my studio is unique, and my goal is to understand you—your comfort level, your insecurities, and the parts of yourself you love most—so I can highlight your beauty in a way that feels authentic and uplifting. This experience is about helping you feel confident, radiant, and unapologetically yourself.



During the session we’ll do a little bit of everything - I will walk you through some super fun posing that will highlight those favorite parts of your body. I will also be sure make you laugh tons, and capture those natural smiles from your session too!



Sneak Peek



Packages

*Album add on (8x8) any package: \$250

BASIC

\$600

includes:

a relaxed **one-hour session** focused on confidence and connection, along with **12 edited digital images** that celebrate your beauty.

BABE

\$750

includes:

a relaxed **one-hour session** focused on confidence and connection, along with **ALL digital images** that celebrate your beauty.

BOMBSHELL

\$950

includes:

a relaxed **one-hour session** centered around confidence and connection, along with **complimentary professional hair and makeup** to help you feel your absolute best. You'll receive your **full gallery of edited digital images**, beautifully capturing your strength, beauty, and individuality.



Couples Boudior

Basic

\$600

1 hour session
12 digital images



Deluxe

\$750

1 hour session
ALL the best digital images



This boudoir session is all about celebrating the connection you share with your partner, and my goal is to capture it in a way you'll cherish for years to come. Every couples boudoir session is completely unique, because every relationship is different. Whether your vision is seductive, bold, playful, tender, or softly intimate, the experience is thoughtfully tailored to reflect your comfort level, personalities, and dreams.

Shower Set Add-on



The Shower Set is perfect for clients who want to add a different, elevated vibe to their boudoir experience. This in-studio set creates a steamy, sultry look—without actually getting soaking wet—giving your images that moody, sensual feel in a refined and tasteful way. It's the perfect balance of bold and elegant.



This set can be photographed nude, in a white shirt, or in your favorite lingerie, depending on the look you want to achieve. The Shower Set is offered as an additional portion of your session and is captured after your primary sets, complementing the beautiful images captured beforehand.



Things to do *before your session*

- ☐ Stretch! I am going to ask you to get in some strange back bending positions.
- ☐ Try on all of your outfit options before you come to your session.
- ☐ If it's in the budget, get your hair and makeup done. My girls are amazing and will make you feel at your absolute best!
- ☐ Bring yourself some water and even a light snack if you'd like.



What to wear



- Bodysuits
- Kimonos/Dusters/Bathing Suit cover ups
- An oversized sweater
- Anything that makes you feel confident!

Each Boudoir package is based on a 1 hour session, with that I always suggest 3 outfits, but if we have time for some more we will absolutely use them!

Your outfit choices will make a big difference in both how you feel, and the final product. Feel free to send me your outfit ideas, and ask questions before your session. And if there are any props you're thinking of bringing, let me know too. (Heels, pearls, fishnets, fantasy props, etc.)

Recommended Timing



My favorite time to schedule boudoir sessions is in the evening. While studio lighting can be controlled at any time of day, there's something about the evening that naturally feels more relaxed, intimate, and confidence-boosting. After the day has slowed down, it can be easier to settle into the moment, let your guard down, and truly embrace the experience.

That said, I know schedules don't always align, and that is completely okay. Boudoir sessions can be scheduled at any time of day, and the goal is to always create the same comfortable, flattering, and empowering atmosphere regardless of when we shoot. No matter the time, it's important for you to feel confident, beautiful, and fully supported throughout your session.

Prints price guide

	PRINTS	*METAL PRINTS	CANVAS
	<hr/>	<hr/>	<hr/>
8 x 10	\$15	\$104	\$138
11 x 14	\$40	\$181	\$212
16 x 20	\$101	\$303	\$238
20 x 24	\$160	\$395	\$300

	ALBUMS	EXTRAS	
	<hr/>	<hr/>	
8 x 8	\$250	Additional digitals (single)	\$20
Additional Pages	\$25	Full digital gallery	\$199
10 x 10	\$300		
Additional Pages	\$30		

***These are my personal favorite!*



Frequently Asked Questions



I'M REALLY NERVOUS. IS THAT NORMAL?

It is definitely normal to be nervous for your boudoir session, so don't worry. In fact, I'd wager that about 99% of clients are nervous when they first get started. However, within five or ten minutes of the session, you should not only feel comfortable, but confident and beautiful.



HOW DO I KNOW HOW TO POSE?

I've totally got you covered there. I know all the tips and tricks to create the most flattering angles for all shapes and sizes. Don't you worry about posing, I'll help you pose everything from your toes to your chin.



DO YOU DO OUTDOOR BOUDOIR SESSIONS?

If it's something your interested in, let me know and we can absolutely make it happen.

HOW LONG DOES IT TAKE TO GET MY PHOTOGRAPHS BACK?

I work to have your images to you within four to six weeks of your session date.



DO I HAVE CONTROL OVER WHO SEES MY IMAGES?

Absolutely. When you book a session, we'll discuss all of this. I respect your wishes and won't post or share any images if you prefer they stay private.

Love stories

Client Testimonial

I had never done a boudoir shoot before nor had I thought I would have ever done but I am so happy I did! Jenna is so professional and chill. She made the process super comfortable for me and I absolutely loved how the photos turned out.

REBECCA

Absolutely loved doing a couples' boudoir session with Jenna! She made us feel at ease very quickly and the photos are amazing! It was a great experience!

KRISTE





Thank you

Thank you so much for trusting me with such a personal and meaningful experience. Choosing to step into a boudoir session is an act of confidence, vulnerability, and self-love, and I'm truly honored to be part of that journey with you. From the moment you walk into my studio, my goal is to create a space where you feel comfortable, supported, and celebrated exactly as you are. I can't wait to help you see yourself the way you deserve to be seen —strong, beautiful, and absolutely radiant.

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